

COMPETITION	FED	DATE	LOCATION	#	AGE CLASS	HEIGHT CLASS	PERS WEIGHT	SQUAT				BENCH PRESS				DEADLIFT				TOTAL	RANK	
								kg	kg	kg	kg	kg	kg	kg	kg	kg	kg	kg	kg			kg
CAMPIONATO ITALIANO RAW CLASSIC MASTERS STACCO DA TERRA	FIPR	13 aprile 2020	Milano - ITALY	86	Master 2	<50 kg	89.75	20.52	120.00	200.00	2nd	200.00	5nd	200.00	2nd	200.00	5nd	200.00	2nd	5th	300.00	1st
COPPIA ITALIA POWERLIFTING	FIPR	16 dicembre 2020	Milano - ITALY	82	Master 1	<50 kg	87.47	69.03	120.00	200.00	2nd	140.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	16 settembre 2023	Milano - ITALY	64	Master 2	<50 kg	87.28	28.51	120.00	200.00	2nd	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA	FIPR	9 luglio 2020	Milano - ITALY	83	Master 2	<50 kg	87.29	34.22	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO RAW CLASSIC MASTERS STACCO DA TERRA	FIPR	28 giugno 2022	Milano - ITALY	84	Master 2	<50 kg	87.26	33.66	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
COPPIA ITALIA POWERLIFTING	FIPR	17 aprile 2020	Milano - ITALY	81	Master 2	<50 kg	87.19	67.10	200.00	140.00	2nd	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st
CAMPIONATO ITALIANO RAW CLASSIC MASTERS POWERLIFTING	FIPR	26 settembre 2022	Milano - ITALY	80	Master 2	<50 kg	86.62	74.35	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st	
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA	FIPR	28 giugno 2022	Milano - ITALY	83	Master 2	<50 kg	86.75	50.69	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	17 dicembre 2017	Milano - ITALY	81	Master 2	<50 kg	86.72	47.62	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO RAW CLASSIC MASTERS STACCO DA TERRA	FIPR	5 giugno 2021	Milano - ITALY	57	Master 2	<50 kg	86.69	33.40	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO RAW CLASSIC MASTERS POWERLIFTING	FIPR	28 settembre 2020	Milano - ITALY	58	Master 2	<50 kg	86.69	73.44	270.00	140.00	2nd	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA RAW	FIPR	28 settembre 2020	Milano - ITALY	54	Master 2	<50 kg	86.62	50.67	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	16 febbraio 2020	Milano - ITALY	54	Master 2	<50 kg	86.47	57.97	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO RAW CLASSIC MASTERS STACCO DA TERRA	FIPR	17 febbraio 2020	Milano - ITALY	53	Master 2	<50 kg	86.53	59.57	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA	FIPR	21 luglio 2019	Milano - ITALY	52	Master 2	<50 kg	86.23	476.79	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA RAW	FIPR	20 febbraio 2019	Milano - ITALY	41	Master 2	<50 kg	86.23	47.62	120.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO RAW CLASSIC MASTERS POWERLIFTING	FIPR	18 agosto 2019	Milano - ITALY	50	Master 2	<50 kg	86.20	744.97	200.00	7th	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st	
CAMPIONATO ITALIANO ASSOLUTO POWERLIFTING	FIPR	13 dicembre 2019	Milano - ITALY	49	Master 2	<50 kg	86.20	153.53	200.00	2nd	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st	
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	20 febbraio 2018	Milano - ITALY	47	Master 2	<50 kg	86.19	54.10	130.00	200.00	1st	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st
COPPIA ITALIA POWERLIFTING	FIPR	14 dicembre 2018	Milano - ITALY	47	Master 1	<50 kg	86.16	63.55	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO POWERLIFTING	FIPR	14 aprile 2018	Milano - ITALY	48	Master 1	<50 kg	86.12	61.15	200.00	140.00	2nd	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	29 febbraio 2016	Trieste - ITALY	43	Master 1	<50 kg	86.09	60.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO DISTENSIONE SU PANCA	FIPR	17 dicembre 2017	Trieste - ITALY	41	Master 1	<50 kg	86.07	67.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
COPPIA ITALIA POWERLIFTING	FIPR	20 ottobre 2017	Trieste - ITALY	43	Master 1	<50 kg	86.06	69.60	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA	FIPR	20 ottobre 2017	Milano - ITALY	42	Master 1	<50 kg	86.07	62.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
TROFEO NAZIONALE POWERLIFTING RAW	FIPR	10 giugno 2017	Trieste - ITALY	41	Master 1	<50 kg	86.07	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO POWERLIFTING	FIPR	22 aprile 2017	Trieste - ITALY	40	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	25 febbraio 2017	Genova - ITALY	39	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO DISTENSIONE SU PANCA	FIPR	10 dicembre 2016	Livorno - ITALY	38	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
COPPIA ITALIA POWERLIFTING	FIPR	20 febbraio 2016	Trieste - ITALY	37	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA	FIPR	19 giugno 2016	Parma - ITALY	36	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO POWERLIFTING	FIPR	17 aprile 2016	Trieste - ITALY	36	Master 1	<50 kg	86.03	69.62	200.00	140.00	2nd	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	28 febbraio 2016	Livorno - ITALY	35	Master 1	<50 kg	86.03	69.62	200.00	140.00	2nd	200.00	1st	200.00	1st	200.00	1st	200.00	1st	1st	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO DISTENSIONE SU PANCA	FIPR	13 dicembre 2015	Livorno - ITALY	33	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
COPPIA ITALIA POWERLIFTING	FIPR	18 ottobre 2015	Trieste - ITALY	32	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA	FIPR	21 ottobre 2015	Parma - ITALY	31	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA	FIPR	20 febbraio 2014	Trieste - ITALY	30	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
EUROPEAN CLASSIC POWERLIFTING CHAMPIONSHIPS	EPF	11 luglio 2014	Prato - CZECH REPUBLIC	27	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
TROFEO NAZIONALE BERGOMETTI DISTENSIONE SU PANCA	FIPR	15 giugno 2014	Trieste - ITALY	28	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	28 aprile 2014	Parma - ITALY	27	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO DISTENSIONE SU PANCA	FIPR	10 dicembre 2013	Milano - ITALY	26	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
COPPIA ITALIA POWERLIFTING	FIPR	20 ottobre 2013	Trieste - ITALY	25	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
EUROPEAN CLASSIC POWERLIFTING CHAMPIONSHIPS	EPF	10 dicembre 2013	Trieste - ITALY	25	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO POWERLIFTING	FIPR	20 aprile 2013	Parma - ITALY	22	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	10 marzo 2013	Trieste - ITALY	22	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
EUROPEAN CLASSIC POWERLIFTING CHAMPIONSHIPS	EPF	20 luglio 2012	Prato - CZECH REPUBLIC	17	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	28 febbraio 2012	Livorno - ITALY	16	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
EUROPEAN CLASSIC POWERLIFTING CHAMPIONSHIPS	EPF	17 giugno 2012	Prato - CZECH REPUBLIC	15	Master 1	<50 kg	86.03	69.62	200.00	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	200.00	2nd	2nd	300.00	1st
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPR	21 aprile 2012	Trieste - ITALY	15	Master 1	<50 kg	86.03	69.62	200.00	200.00												